

Preview

1 Match the words or phrases to those with similar meanings. Write the letter on the line.

- | | |
|--|--|
| 1 Time flies. | a There's nothing more to say. |
| 2 It's out of your hands. | b outdated or out of style |
| 3 end of story | c It's important to set a limit you won't go beyond. |
| 4 It's been a struggle. | d There are some things you can't control. |
| 5 old-fashioned | e Don't overthink. |
| 6 Don't get me wrong. | f Please don't misunderstand me. |
| 7 You have to draw the line somewhere. | g It's crazy how fast the days and years go by. |
| 8 I wouldn't read too much into it. | h This has been difficult. |

2 Complete each sentence. Circle the correct word.

- Shy people don't like to attract attention, so they often wear (**loud** / stylish / subdued) colors.
- His clothes may be (funky / elegant / subdued), but they match his eccentric personality.
- (Funky / Trendy / Elegant) clothes are well made and perfect for important events, but they're expensive.
- To make a good impression at a job interview, wear a suit or other (classic / funky / casual) clothing.
- If you want to wear your clothes for many years, don't buy anything too (fashionable / trendy / classic).
- I wish my clothes were as (inappropriate / fashionable / loud) as yours. You always look so (stylish / subdued / informal)!
- Do you think these red pants are too (fashionable / classic / loud)? I don't want to look like a clown!



3 For each category, describe clothing that you own or have seen in stores or online.

- classic:
- funky:
- trendy:
- subdued:
- loud:
- elegant:

LESSON 1

1 Read about a fashion show. Then write in the missing letters to complete the words for describing clothes.

Welcome to our annual charity fashion show!

First, we have Doris wearing a short (1) c l e s s i r e s s with a lovely floral (2) r i d e s i n e s s, created by fashion designer Carla Smith. With its short sleeves and loose fit, this cute dress is perfect for an afternoon tea party.

For more formal parties, we now have Theresa wearing another creation by Carla Smith—a gorgeous floor-length (3) e l e g a n t e n c e in (4) p u r p l e purple. With her is Brandon in a classic (5) s h i r t a n d b l a z e r.

You don't get more elegant than this! Next, we have Naomi in a (6) f l a n k y - d r e s s but not too revealing, burgundy dress. It might be slightly (7) c l e a n d r e e d, but it is still modest enough to be the perfect cocktail dress for a chic afternoon wedding!

Now we see Doris again, this time in a (8) r e l a x i c a n d f u n k y dress with a funky (9) d i s c r e t i n e n e r pattern, designed by the talented Sam Pérez. A great option for a party on a hot summer day.

And finally, we have Brandon and Naomi in even more funky clothes, designed by Ronald Jones for informal events. Brandon is wearing (10) p l a i n t e d t r o u s e r s with a loud orange shirt, alongside Naomi in a yellow-and-white (11) f r e e d d r e s s with a (12) e e e e e e blazer. These outfits will definitely be the center of attention at any party!

2 Look at the pictures. Write sentences to describe the clothing. Use as many vocabulary words as possible.



- 1 He's wearing fashionable business clothes: a striped dress shirt and a classic blazer.
- 2
- 3
- 4
- 5
- 6

3 Complete the conversation with phrases from the box. There are three extra choices.

a bit overdressed a good thing be appropriate be way too dressy formal or informal
like to know quite funky thank goodness the dress code the formal side the informal side

A: Maddie, can I ask your advice about the work party this weekend?

B: Sure, Kayli. What would you **(1)**

A: I have no idea about **(2)** Is it going to be **(3)**?

B: I believe it's supposed to be more on **(4)**—quite casual, in fact.

A: I've been thinking about wearing that new strapless cocktail dress. How would that be?

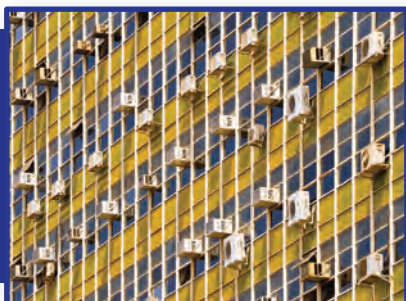
B: Actually, I think that would **(5)** And isn't it a little low-cut? That might not **(6)** enough for a work event. I'm going to wear a polka-dot skirt with that striped shirt. It's casual, but I think it's **(7)** yet still appropriate.

A: I see. Well, it's **(8)** I asked!

LESSON 2

1 Read the opinions about business casual dress. Check the statements you agree with.

- ☐ 1 What's important is to act like a professional. If you're confident and good at your job, you can be just as effective in jeans and a nice shirt as in a suit and tie.
- ☐ 2 I think casual dress is appropriate for most offices, as long as one's appearance is clean and neat.
- ☐ 3 I believe that when people dress like professionals, they act more professionally.
- ☐ 4 I think dress-down day is a pain in the neck. I never know what to wear. What does "business casual" really mean?
- ☐ 5 People have taken casual dress codes too far! A number of companies have had to introduce "business formal days."
- ☐ 6 I don't think casual dress creates a good image for a company, especially if the company does business internationally.
- ☐ 7 Casually dressed employees are better workers because people are more productive when they're comfortable.



DID YOU KNOW...?

In the summer of 2005, both the Japanese and Chinese governments asked office workers to dress down to save energy. Japanese companies complied with a "Cool Biz" no-tie, no-jacket campaign to reduce air-conditioner use. About 210 million kilowatt hours of electricity were saved, reducing carbon dioxide emissions by about 79,000 tons.

2 Summarize the opinions in Exercise 1. Complete each statement with a quantifier from the box.

a couple of	a few	a majority of	a number of	each	every	four
half of	many	most	one	several	some	three
						two

- 1 person expressed an opinion about business casual dress.
- 2 people think business casual is a good idea.
- 3 people think business casual is a bad idea.
- 4 people think that dress and behavior are related.
- 5 person thinks business casual is annoying.

3 Rewrite statements 1–4 from Exercise 2, using different quantifiers with similar meanings.

- 1
- 2
- 3
- 4

4 What's your opinion about business casual dress? Do you agree with the opinions expressed in Exercise 1? Why or why not? Explain your answer.



LESSON 3

1 Read the article.

Bird-Poop Facials

In some cultures, it is considered good luck to have a bird's droppings land on you. But would you pay to have bird excrement rubbed onto your skin? That's just what some people in cities around the world have begun doing.

"Bird-poop facials" have been around since the 1600s, but they have only recently become popular. The droppings are collected from one type of bird, the Japanese Bush Warbler. They are then disinfected, dried, powdered, and mixed with rice bran. The facial is often referred to as being made from nightingale droppings, but the Japanese bush warbler is not really a nightingale.

If you cringe at the thought of having bird waste on your face, you are not alone. "Most people who come to us for the first time are a little worried about the smell," says Naomi Rogers, who owns a spa in New York where the facials are performed. "But the majority of them say that it just smells like rice, and they leave looking and feeling wonderful." Many people who swear by bird-poop facials, including several celebrities, say that benefits include healing skin problems such as acne, exfoliating dead skin cells, brightening and softening the skin, and lightening age spots. After a recent facial, Christa Sims reported, "My friends told me I looked five years younger."



But does science back up the claims made by proponents of the facials? Only to a certain point. Guanine, an amino acid found in the bird poop, does lighten dark skin spots. And urea, also found in the bird waste, may help skin retain moisture. But the improvements in skin tone and texture can probably be achieved just as easily with an exfoliating scrub or mask from the drugstore, says Dr. Anna Fitzgibbon, a dermatologist in Los Angeles.

The facials do come with a steep price tag—almost US \$200 in some cities. It is also possible to purchase the ingredients for at-home, do-it-yourself treatments, and these are much less expensive. However, if you do decide to try a bird-poop facial at home, be sure to purchase supplies from a reputable seller, as some products are not actually from the Japanese bush warbler or are mixed with other ingredients.

Now complete the statements with words or phrases from the box.

facial nightingale proponent reputable steep price tag swear by

- 1 A is a type of bird.
- 2 A is a treatment that improves the skin of the face.
- 3 A business is one that you can trust.
- 4 If you something, you think it's very effective.
- 5 If something has a, it is very expensive.
- 6 A of something is a supporter of it.



2 Answer the questions about the article in Exercise 1.

- 1 What are bird-poop facials?
- 2 What are some of the benefits of bird-poop facials, according to some people?
- 3 What does Dr. Fitzgibbon think about the facials?
- 4 What does Christa Sims think about them?
- 5 What are some drawbacks of the facials?

3 Do you believe that a bird-poop facial can create a more youthful appearance? Would you try it? Why or why not? Explain your answer.

LESSON 4

1 Complete the sentences with your own ideas.

- 1 People who are self-confident generally
- 2 If you have low self-esteem, you might have trouble
- 3 If you have high self-esteem,
- 4 People who are self-centered tend to
- 5 People who are self-critical might



2 Answer the questions in your own words.

- 1 Do you think that most people are happy with their appearance, or that a majority would like to change their appearance?
- 2 What would you consider doing to change your appearance?
- 3 How far is too far? What are some ways of changing one's appearance that you think are inappropriate, tacky, or shocking?

3 Look at the ad. Then answer the questions.

- 1 How would you describe the man in this ad?
.....
.....
- 2 Do you think that the man in this ad reflects how most men look? Explain.
.....
.....
- 3 Do you think men are more or less self-conscious than women are about their appearance? Explain.
.....
.....
- 4 Would you describe the ad as questionable or reliable? Why?
.....
.....



DID YOU KNOW...?

In a survey of 50,000 adult men, 41% thought they were too heavy and were self-conscious about their weight, 16% reported feeling too uncomfortable in a swimsuit, and 11% described themselves as unattractive.

GRAMMAR EXPANDER

1 Read each statement. Check the meaning of the quantifier in each sentence.

- 1 Few people were dressed appropriately for the event.
- 2 There are a few really good books on fashion here.
- 3 I've got a little money put away for a rainy day.
- 4 I have little interest in pop music.
- 5 There are few hairstyles that look good on me.
- 6 There's a little cake left if you'd like a piece.

Some **Not many / Not much**

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

2 Add of to the sentences that need it.

- 1 Several ^{of} his co-workers wear suits to work.
- 2 A few his friends are coming over for dinner on Friday night.
- 3 A few my friends are going to a movie tonight.
- 4 Both dresses look great on you.
- 5 A majority people still dress up to go to the theater.
- 6 This is the most traffic I've ever seen on this road.
- 7 Each the employees voted on whether or not to dress down on Fridays.
- 8 Some my friends care about fashion, but most do not.

3 Complete each sentence with a phrase from the box. Change the verb as necessary to agree with the subject.

be quite good	be self-centered	be self-confident
dress casually	have tattoos	wear contact lenses

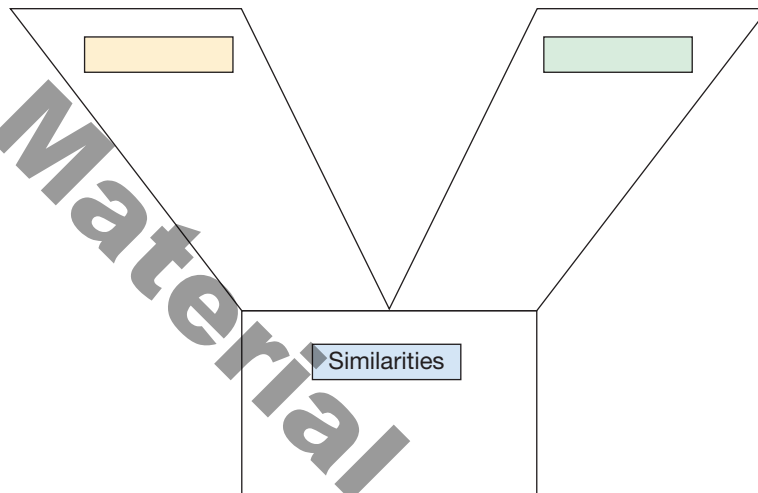
- 1 Most of my friends
- 2 A lot of pop music
- 3 Several of my classmates
- 4 One of my family members
- 5 None of the people I know
- 6 A number of celebrities



1 Choose one of the topics from the box.

- Compare and contrast what you and someone you know well do to make yourselves more attractive.
- Compare and contrast what people today do to make themselves more attractive with what people did twenty years ago.
- Compare and contrast what celebrities do to make themselves more attractive with what average people do.

On a separate sheet of paper, draw a larger version of the diagram below. In the boxes, write what is being compared or contrasted. List the differences first. Then fill in the similarities.



2 Compare and contrast the types of people for the topic you chose. Write two paragraphs. In the first paragraph, write about the similarities. Remember to use connecting words such as like, similarly, likewise, as well, and neither. In the second paragraph, write about the differences. Remember to use connecting words such as unlike, in contrast, however, and while/whereas.

[illegible]

3 Read the following self-check questions. Check those that apply to your work in Exercise 2.

- ☐ Did I use connecting words for comparing?
- ☐ Did I use connecting words for contrasting?
- ☐ Does each paragraph have a topic sentence?